

Cell Transport Mechanisms

Type of Transport	Definition	Energy Needed Y/N	Protein Helpers	Type of Molecule Transported
Diffusion (p. 72)		NO	None	ANY molecule
Osmosis (p. 73)		NO	*None *Aquaporins	Water
Facilitated Diffusion (pg. 73-74)		No		
Active Transport (p. 74)				*Large Molecules *Charged Molecules
Vesicles (p. 74-75)			None	